

NEWSLETTER

AUGUST-SEPTEMBER 2024

In Memoriam:

DR. AZRA HAQUE

A Legacy of Compassion and Service

It is with deep sadness that we announce the passing of Dr. Azra Haque, a beloved physician and devoted advocate for the Human Development Foundation (HDF). Dr. Haque's extraordinary legacy of love, compassion, and service will continue to inspire us all.

Over her remarkable five-decade medical career in the Chicago area, Dr. Haque touched countless lives with her kindness and unwavering commitment to her patients. Her influence extended well beyond the clinic, as she dedicated herself to HDF's mission of uplifting marginalized communities.

Dr. Haque was especially passionate about women's empowerment and girls' education. Her tireless efforts made a significant impact, reflecting the core values of HDF. The generosity and dedication she showed will forever resonate in the lives she transformed and the communities she supported.

As we mourn her loss, we also celebrate the profound contributions she made throughout her life.

Rest in peace, Dr. Azra Haque. Your spirit of kindness and dedication will never be forgotten.

Turning Challenges into opportunities

A Journey of Empowerment through Microenterprise Support

In the heart of Bakri Banda, UC Maho Dheri, lives Sayed Mula Jan, a resilient 48-year-old who has faced tremendous challenges over the years. Residing in a rented mud house with 23 family members, including seven sons, three daughters, three daughters-in-law, and ten grandchildren, Sayed has always fought to provide for his loved ones.

Tragedy struck when one of his sons suffered severe burns in a hotel fire, resulting in paralysis and a medical bill of approximately 200,000 rupees. This financial burden plunged Sayed into debt, further complicating his already difficult circumstances. As the primary provider, he ran a bicycle repair workshop, but after a workplace accident left him with permanent damage to his left eye, his workshop was forced to close for six months.



Despite his 30 years of experience, Sayed found himself bedridden with no income. His family, relying on the meager wages of his laborer sons—often only earning up to 12,000 rupees a month—faced dire straits.

In 2023, Sayed was selected for HDF's microenterprise program, specifically under the asset transfer for economic development initiative. He received essential materials worth 41,280 rupees, which became the foundation for revitalizing his business.

Today, Sayed proudly reports that his earnings

have increased to 300 to 400 rupees daily, allowing him to better support his family. He has begun saving a portion of his income and reinvesting it into his workshop, which is now expanding.

Sayed expressed his heartfelt gratitude, stating, "I am very thankful to HDF for supporting me in my time of need when no one else was there to help." His journey is a testament to the power of microenterprise support in transforming lives and empowering communities.

Partnership Announcement: HDF and Al Khidmat Foundation Unite for Gaza

In a significant step to provide humanitarian aid to those affected by the ongoing crisis in Gaza, HDF recently signed a Memorandum of Understanding (MoU) with Al Khidmat Foundation. The agreement was formalized during a visit to the Al Khidmat Head Office in Lahore, led by HDF's GM of Programs & Projects, Zulfiqar Ali.

As part of this partnership, HDF has pledged PKR 1,635,556 to support the ongoing relief efforts. This

contribution underscores our shared commitment to delivering life-saving aid to vulnerable communities in Gaza during these challenging times.

Through this collaboration, we aim to provide essential resources, medical assistance, and various forms of relief to those in dire need. Together with Al Khidmat Foundation, we believe in the power of collective action to create meaningful change and restore hope where it is most needed.



HDF's Remarkable Impact: Effective Health Initiatives Featured by VOA

Recently, Voice of America's Pashto channel featured insights into the impressive outcomes of the Human Development Foundation's (HDF) nationwide health efforts, showcasing our unwavering commitment to improving public health across communities.

HDF has achieved significant milestones through its initiatives. Our vaccination programs have effectively safeguarded communities, with no polio cases reported in areas covered by our efforts. Extensive health education campaigns have empowered individuals with vital knowledge on disease prevention and overall wellness. Additionally, our proactive approach has greatly contributed to the well-being of numerous communities, while promoting environmental cleanliness has played a crucial role in creating healthier living conditions.

In the Zhob district, HDF's collaboration with the Health Department during polio campaigns has

garnered recognition, resulting in the establishment of the HDF Community Health Center in Nasarabad. This center serves as a dedicated resource for health workers during vaccination campaigns.

HDF's nationwide initiatives reflect our commitment to health awareness and disease prevention. Our programs are designed to educate and empower communities, providing them with the tools necessary for promoting long-term health.

These highlights underscore the remarkable progress made through HDF's initiatives, showcasing our dedication to enhancing public health across the nation. Thank you for your continued support as we work together to build a healthier future for all!



From Student to Teacher: A Journey of Empowerment and Gratitude

My journey with the Human Development Foundation (HDF) began in childhood, during the devastating earthquake that shook our community. In that time of upheaval, HDF stood by us, providing crucial social and economic support to help rebuild our lives. One of their most impactful contributions was the establishment of a high school in our area, a vital step toward empowering girls' education and filling a significant gap in our community. This initiative sparked hope for a brighter future for countless young girls, including myself.

As I grew older, I witnessed the transformation of the HDF School into a beacon of learning. The school's remarkable infrastructure, with state-of-the-art labs and a well-stocked library, created the perfect environment for academic success. Inspired by passionate teachers, especially my exceptional Urdu teacher, I developed a deep love for Urdu literature. With the strong foundation provided by HDF, I pursued

my graduation in Urdu from the University of Azad Jammu & Kashmir, earning a Gold Medal with distinction.

Returning to my alma mater as an Urdu teacher has been a dream come true. This role allows me to give back to my community and share the knowledge and passion for education that was instilled in me. Today, I strive to inspire my students to dream big and make a positive impact, just as my teachers did for me.

Reflecting on my journey, I am deeply grateful for the pivotal role HDF has played in my life. The school nurtured my love for literature and equipped me with the tools and confidence to succeed. I am proud to be part of the HDF family and look forward to inspiring future generations of students. Thank you, HDF, for giving me the opportunity to come full circle and serve the institution that shaped my life.



HDF Annual Fundraiser Gala 2024: A Night of Inspiration and Generosity

Chicago, September 7, 2024

The Human Development Foundation (HDF) held its Annual Fundraiser Gala on September 7, 2024, at the Embassy Suites by Hilton in Naperville. The event aimed to raise awareness and support for HDF's initiatives in Pakistan, focusing on education, healthcare, income generation, and sustainable village development.

The evening was filled with inspiring stories and performances, celebrating the impact of HDF's work. Attendees connected with board members and management, and a moment of silence was observed for the victims of violence in Palestine.

Dr. Samina Hijab, Chairperson of HDF, highlighted the foundation's origins and emphasized its perfect score as a Four-Star charity. She stressed the importance of the Scholarship Program, ensuring that financial constraints do not hinder children's education.

The gala recognized individuals for their contributions to education: Dr. Atiya Khan received a Lifetime Achievement Award, while Dr. Tariq Butt was honored with the Education Community Service Award. Tariq Karim, the Consul General of Pakistan, commended HDF's commitment to improving the lives of impoverished communities.

The evening concluded with a memorable performance by Alamgir and successfully raised \$175,000. HDF is grateful for the support of its donors and looks forward to continuing its mission in Pakistan.





Water for Life:

Clean Water Access in Karachi

We are excited to share the successful completion of our clean water project in Redhi Goth and Bhattaiabad, Karachi, funded by the generous support of Ms. Lubna Safdar. This initiative, which ran from April 4 to August 15, 2024, has made a significant impact on local communities by providing access to safe drinking water.

With a total budget of 7,001,624 PKR, the project aimed to ensure the availability of clean and safe drinking water for local households, mosque attendees, and students of Masjid Jamia Taleem-ul-Quran and Masjid Ilyas. It also sought to reduce waterborne diseases such as cholera, diarrhea, dysentery, and typhoid while fostering social cohesion and community awareness regarding WASH (Water, Sanitation, and Hygiene) standards.

To achieve these objectives, we collaborated with Al-Madinah Research Center (MIRC-Welfare)

to select locations for installing Reverse Osmosis (RO) water filtration plants. An Operation & Maintenance Committee was formed, consisting of members from local mosques, to ensure the sustainable operation of the plants. We drilled for water sources, installed filtration machinery, and constructed water output platforms, all while conducting community education sessions on the benefits of safe drinking water.

The communities in Redhi Goth and Bhattaiabad are immensely grateful for the clean water facilities that have transformed their access to safe drinking water. We extend our heartfelt thanks to Ms. Lubna Safdar for her generous support, which has played a crucial role in enhancing community health and well-being. Thank you to all who contributed to this vital initiative. Together, we are making a meaningful difference in the lives of those we serve!

REDHI GOTH (REHRI UC, BIN QASIM TOWN)

- **BENEFICIARIES: 1,800 HOUSEHOLDS**
- **APPROXIMATELY 9,000 PEOPLE**
- **STATUS: COMPLETED**

BHITTAIABAD (SAFORA UC, GADAP TOWN)

- **BENEFICIARIES: 600 HOUSEHOLDS,**
- **APPROXIMATELY 3,600 PEOPLE**
- **STATUS: COMPLETED**



Thriving from the start: First 1000 days of life

The first 1,000 days of a child's life—from conception to their second birthday—are crucial for healthy growth and development. During this period, the foundation for physical, cognitive, and emotional well-being is established. Unfortunately, millions of children face challenges that jeopardize their potential. The Human Development Foundation (HDF) is dedicated to addressing these challenges in Pakistan.

HDF recognizes that proper nutrition and healthcare are essential during these formative years. The foundation offers comprehensive programs that include:

Maternal and Child Health Care: HDF provides prenatal and postnatal services, ensuring mothers receive vital medical attention. Health education workshops empower them with knowledge about nutrition and healthy practices.

Nutrition Support: Programs supply essential vitamins and minerals to pregnant and lactating women and young children, combating malnutrition and promoting healthy growth.

Early Childhood Education: Access to early education programs fosters cognitive development, preparing children for future success.

Community Awareness Campaigns: HDF educates families on the importance of the first 1,000 days, encouraging healthier practices and community support.

Support Networks: HDF facilitates connections for mothers with healthcare providers and peer support, offering emotional assistance during motherhood challenges.

HDF's commitment to the first 1,000 days is about investing in the health of individuals and the future of communities. Together, we can ensure every child has the opportunity to reach their full potential.





Every stat: A Story of Change

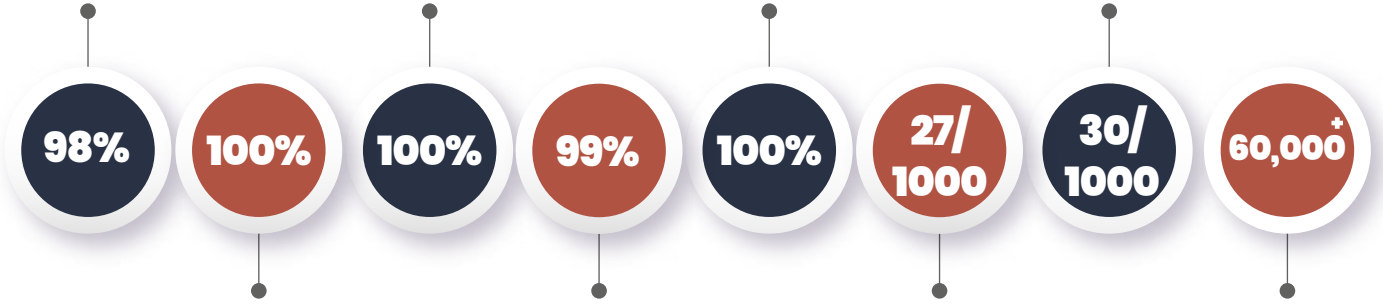
Preventive Healthcare Delivered to **211,099 Underprivileged Families** at Their Doorstep

Adolescent girls and women of reproductive age (WRA) immunized against tetanus

new mothers received postnatal care

of infants growth monitored by HDF health team at their households

The Infant Mortality Rate (IMR) has been reduced to 30 per 1,000 live births as compared to 80 per 1,000 live births in 2005



of pregnant women received high-quality maternity care

of children under the age of five have been immunized against life-threatening communicable diseases

The Infant Mortality Rate (IMR) has been reduced to 27 per 1,000 live births as compared to 70 per 1,000 live births in 2005

patients were treated at community health center and mobile health camps

Each of the number represents a life touched by our commitment to healthcare. Through our efforts, we've provided essential treatments and care, helping individuals recover, thrive, and live healthier lives. Every patient treated is a step closer to a healthier community.





WAYS TO SUPPORT US

You may enjoy financial and tax benefits while also helping ensure that the work of HDF will endure for generations to come

-  **Endowment**
Donate to fund our good work forever
-  **Host A Virtual Fundraiser**
Ask us how
-  **Ask Your Employer**
To match your donation
-  **Donor Advised Fund**
Join our charitable giving program that allows you to combine the most favorable tax benefits with the flexibility to support your favorite causes
-  **Stock Transfer**
Contact the HDF office
-  **Honor A Loved One**
Donate in someone's memory or honor
-  **Adopt A Project**
Ask us how



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