

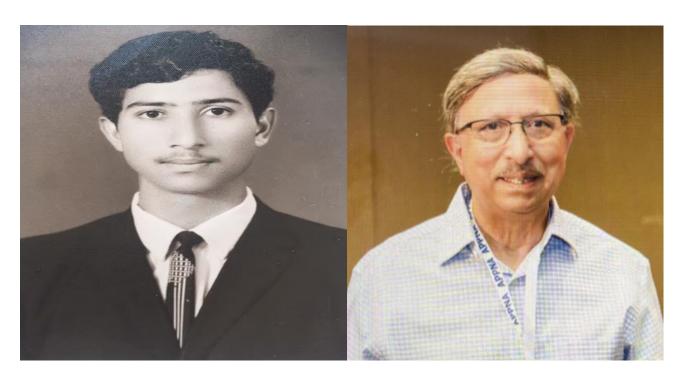
#### **HDF-THANKS SCHOLARSHIP #63**

Esablished-2023





# Muhammad Shafiq Zia, MD Najamunnisa Zia



Pre-Medical College: Fsc. Government College, Faisal Abad (1963-65) Medical School; King Edward Medical College, 1965-1970

Job: Mayo Hospital Lahore (1971)

Army: Army Medical Corps (1971-1973)

Internship and residency: Psychiatry at University of Missouri, Kansas City, MO (1975-78)

Job: Western Missouri Mental Health Center, Kansas City, MO (1978-81)

Private Practice: Psychiatry, Stockton, CA (1981-2019)

Now living in Irvine California

He is married to Najma and they have three children: Mona is an internist and married to Hamaad Akmal (grandchildren: Yusaf and Zainab), Shaina is a pharmacist and married to Atif Iqbal who is a bariatric surgeon (grandchildren: Ayan, Zeeshan and Zara), Hashim is in business and married to Anosha (granddaughter: Alena and Sofia), all in Orange County, California.







Having fun with grandchildren

### My story

I was born in Hoshiarpur, India (East Punjab). At about one year of age, my family migrated to Pakistan during the 1947 partition of India and Pakistan. As we all can recall, this was one of the largest migrations of the 20th century, as over 12 million people were displaced and over 1 million were killed in riots. A high price was paid to have a free country.

My family arrived at Lahore railway station, which was a scene of mass massacre and utter despair. My family settled in Gatti, Faisalabad, and my father started his life from zero.

My father was an educator and gold medalist who built a high school in an abandoned building that became a shining institution of education in the district of Faisalabad. After finishing my intermediate college studies at Government College, Faisalabad, in 1965, I went to King Edward Medical College and graduated with the Class of 1970. I am very blessed and proud to be a part of this class.

After serving in Pakistan Army, I came to America in 1975 and completed my training in Psychiatry at the University of Missouri, Kansas City, Missouri, in 1978. I was in private practice in Stockton, California, from 1981 to 2019. I have retired and settled in Irvine, California and spend my time with children and grandchildren.

This scholarship is established in memory of my parents to celebrate two top students of Government Islamia Higher Secondary School at 202 RB Gatti, Faisal Abad. I can't be thankful enough to God almighty for many blessings in life. Fabi ayyi aalai rabbikuma tukazziban.

In memory of my parents

## Chaudry Abdul Aziz and Mrs. Hafizunnisa Begum



My father, Chaudry Abdul Aziz, was the founder and Headmaster of Islamia High

School Gatti in the district of Faisalabad, Pakistan. He was born in a small village called Kotla Naur Singh in East Punjab in 1910. His father was a farmer and had his son working on the farm to maintain family heritage. But his older brother persuaded him to go to school and become an educator. He went to school to finish high school and then completed his Bachelor of Arts with distinction. He then went for his degree in education and was awarded a gold medal for his outstanding performance. He was then appointed as Headmaster at Islamia High School in Hoshiarpur. As he completed serving 2 years as Headmaster, India was divided and he had to migrate, along with his family, to West Punjab.

He settled at Chak 202 R.B. Gatti which was close to Faisalabad, then known as Lyallpur. Pakistan was created at the cost of sacrifices made by millions of Muslims. Like many others, he started his life from zero and raised a family of 11 children. He was hired as Headmaster at a local government primary school. With his persistent hard work, dedication, and vision, the school was awarded to become a middle and later a high school. This school currently stands and is known as Government Islamia Higher Secondary School at 202 R.B. Gatti, Faisalabad.

Chaudry Abdul Aziz was indeed a great man, not only did he successfully start an educational institution but also established it on a firm footing so that it's glory and good name have stood to the test of time, and it continues spreading light, and enlightenment in every nook and corner of the country. He was both a good teacher as well as an outstanding administrator. He was a gold medalist in English, Math, and Geography, and his students excelled in those subjects and received the maximum number of scholarships in the board exams. Due to the excellent results, the school' fame spread far and wide and the village of Gatti came to be known as the Continent Gatti in the educational circle of the city and outside. The school also excelled in sports specifically, field hockey, football and kabaddi.

He laid great emphasis on the character building of the students. He often quoted the proverb, "If wealth is lost, nothing is lost, but if health is lost, something is lost, but if the character is lost, everything is lost." The character traits are honesty, thoughtfulness, fair play, love, sympathy, cooperation, kindness, service and sacrifice. He tried to incorporate in the students by giving them lectures in the classrooms and at the morning assembly and by organizing excursions and educational trips to historical places in the country. He was sanguine that when the students at his school entered their practical lives, they would face its challenges with courage and confidence. He expected that they

could do anything and everything to go up the ladder in their profession but certainly, would do nothing, which is against their dignity and self-respect and always which is against their moral values and ideology of Pakistan.

Chaudhry Abdul Aziz was a true practicing Muslim, and he endeavored to set an example for others by his words and deeds. His every word, every breath, every heartbeat, every action, and every step were dedicated to the welfare of the students and the good name of the institution. His mission was complete. The school had carved a name for itself, in the vast educational edifice of its division. He retired at the age of 60. But even after retirement, he remained headmaster. This renowned Headmaster, role model for the staff and students and the benefactor and well-wisher of the community, suffered from the fatal disease of liver cancer and had his last breath in January of 1973. May his soul rest in paradise and may God pour his best blessings upon him and his followers. Chaudhry Abdul Aziz, the founder Headmaster of Islamic high school Gatti is no more with us, but he has lit the torch of knowledge and wisdom with his sweat and blood and now it is up to us, the students, the teachers, the school management, and the parents to see to it that the flame never dies. The lives of great men all remind us that we can also make our lives sublime. And on departing, leave behind us footprints on the sands of time.



#### **Coordinators note:**

It is an honor for me to have Shafiq as my classmate and good friend. Despite his high achievements, he has been a humble person. He is very passionate about helping our KE students. His love and respect for his family and fellow citizens is unmatched. This talent-based scholarship, starting in 2023, will recognize the **top two graduating high school students at Government Islamia Higher Secondary School, 202 RB Gatti, Faisal Abad.** The distribution will be 60 % and 40 % between these two students.



Our KE Graduation Day-1971